

Position	Race number	Forename	Surname	Gender	Class	Club	Race time
1	250	Crehan	Matthew	Male	M	St Helens Sutton AC	00:28:58
2	93	Griffiths	Thomas	Male	M	St Helens Sutton AC	00:29:33
3	191	Pownell	Chris	Male	M	Knowsley Harriers	00:30:34
4	5	Anders	Steven	Male	MV40	St Helens Sutton AC	00:31:41
5	82	Fairclough	Lucy	Female	F	St Helens Sutton AC	00:32:35
6	90	Garland	Bradley	Male	M		00:33:01
7	31	Blake	Matthew	Male	M	St Helens Sutton AC	00:33:06
8	28	Birkett	Chris	Male	MV40	St Helens Sutton AC	00:33:15
9	72	Drost	Edwin	Male	M	Warrington Running Club	00:33:42
10	225	Towns	Stuart	Male	MV45	Wigan & District H & AC	00:34:01
11	41	Brussels	Michael	Male	M	St Helens Sutton AC	00:34:18
12	158	Mclaren	John	Male	MV40	Knowsley Harriers	00:34:39
13	179	Obrien	Paul	Male	MV50		00:34:45
14	1	Chisnall	Ian	Male	MV45	St Helens Striders	00:35:21
15	88	Forber	Michael	Male	MV50	St Helens Tri	00:35:24
16	137	Knowles	David	Male	M	Liverpool Running Club	00:35:33
17	112	Hewitt	Ian	Male	MV45	Liverpool Running Bugs	00:35:35
18	6	Andrew	Claire	Female	FV40	Warrington A C	00:35:49
19	219	Taylor	Philip	Male	M	Knowsley Harriers	00:37:21
20	235	Wilson	Dean	Male	MV45	Liverpool Running Club	00:37:28
21	169	Morgan	Melissa	Female	F		00:37:59
22	45	Burton	Chris	Male	M	Wigan & District H & AC	00:38:08
23	213	Staunton	Kelly Marie	Female	F	Billinge Running Club	00:38:15
24	242	Golden	James	Male	MV55	Winston Runners	00:38:24
25	106	Heaton	Xander	Male	M	Kirkby Milers AC	00:38:37
26	154	Massey	Taylor	Female	F	St Helens Sutton AC	00:38:46
27	157	McKenna	Kieron	Male	MV45	MadRunners	00:38:47
28	132	Jones	Peter	Male	MV45	Rainford runners and multisport	00:38:48
29	53	Cheetham	Paul	Male	MV50	Skelmersdale Boundary harriers	00:38:55
30	95	Halsall	Clinton	Male	MV50	Trail n Ale	00:39:07
31	222	Thompstone	Michael	Male	MV40	Winston Runners	00:39:16
32	68	Doran	Paul	Male	MV40	Kirkby Milers AC	00:39:20
33	143	Lee	Graham	Male	MV40		00:39:24
34	62	Dale	Graham	Male	M		00:39:26
35	23	Bell	Laura	Female	FV40	Winston Runners	00:39:29
36	110	Henderson	Mike	Male	MV55		00:39:31
37	144	Lee	John	Male	MV50	Kirkby Milers AC	00:39:38
38	233	Whittingham	Colin	Male	MV40	Warrington Running Club	00:39:51
39	195	Raynes	Shazza	Female	FV40		00:39:56
40	126	Johnson	Martin	Male	MV40	St Helens Sutton AC	00:40:03
41	108	Helsby	Lucy	Female	F	Kirkby Milers AC	00:40:17
42	177	Norton	Nicola	Female	F	Billinge Running Club	00:40:18
43	58	Collins	Jayne	Female	FV60	Wigan & District H & AC	00:40:25
44	8	Appleton	Thomas	Male	M	Isabella Rose Foundation	00:40:46
45	196	Renders	Marleen	Female	FV40		00:40:57
46	51	Casey	Louise	Female	FV40	Widnes Running Club	00:40:59
47	50	Carter	Mike	Male	MV60	Astley & Tyldesley Road Runners	00:41:07
48	168	Monaghan	Sonya	Female	FV50	St Helens Sutton AC	00:41:09
49	9	Ashcroft	Angela	Female	FV45		00:41:15
50	57	Collins	David	Male	MV60	Wigan & District H & AC	00:41:25
51	101	Hart	Tony	Male	MV50	Liverpool Running Bugs	00:41:40
52	119	Holmes	Tony	Male	MV60	Liverpool Running Club	00:41:42
53	35	Boulger	Ian	Male	MV40	Trail Tuesday Ripponden	00:41:47
54	176	Nichol	Gary	Male	MV55		00:41:50
55	240	Wright	David	Male	MV45	St Helens Tri	00:41:57
56	102	Hatfield	Hazel	Female	FV40	Lostock AC	00:42:02
57	153	Massey	Siobhan	Female	F	St Helens Sutton AC	00:42:06
58	199	Rivers	Ian	Male	MV50	Kirkby Milers AC	00:42:06
59	122	Houghton	Stephen	Male	MV50		00:42:09
60	67	Donegan	Paul	Male	MV55		00:42:16

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61	34	Boulger	Andrew	Male	MV50		00:42:22
62	55	Chorley	Shaun	Male	M		00:42:32
63	46	Burton	Mike	Male	MV40	Lonely Goat RC	00:42:42
64	47	Campbell	Anthony	Male	M	Astley & Tyldesley Road Runners	00:42:58
65	224	Towns	Kelly Anne	Female	FV45	Wigan & District H & AC	00:43:16
66	30	Birkett	Sarah	Female	F	St Helens Sutton AC	00:43:29
67	64	Daniels	Keith	Male	MV55	Achille Ratti	00:43:33
68	145	Liptrot	Mark	Male	MV60		00:43:37
69	155	Mather	Jessica	Female	F	Billinge Running Club	00:43:42
70	189	Plested	Tim	Male	MV40	Wallasey Athletic Club	00:43:43
71	81	Evans	Alun	Male	MV55	Trail n Ale	00:43:54
72	186	Plant	Gillian	Female	FV55	Warrington Running Club	00:44:00
73	192	Pridgeon	Adrian	Male	MV40	Liverpool Running Bugs	00:44:01
74	117	Holden	Mark	Male	MV40	Team Pie	00:44:16
75	111	Herriott	John	Male	MV40		00:44:28
76	167	Molyneux	Tony	Male	MV50		00:44:44
77	229	Waring	John	Male	M		00:44:45
78	98	Hampson	Tracy	Female	FV45		00:44:46
79	7	Andrews	Ryan	Male	M		00:45:16
80	91	Gerrard	Gayle	Female	FV45	Burnden Road Runners	00:45:44
81	165	Miller	William	Male	MV60	Billinge Running Club	00:45:48
82	104	Hayes	Stephen	Male	MV50	Kirkby Milers AC	00:45:57
83	210	Spafford	Nikki	Female	F	Skelmersdale Boundary harriers	00:46:01
84	129	Johnson	Susan	Female	FV40	St Helens Sutton AC	00:46:02
85	109	Helsby	Pat	Female	FV65	Kirkby Milers AC	00:46:11
86	239	Woodcock	Tony	Male	MV45		00:46:17
87	118	Holland	Emma	Female	F	Billinge Running Club	00:46:17
88	69	Dowd	Philip	Male	MV50	Mersey Tri	00:46:24
89	160	McLean	Paul	Male	MV55	Warrington Running Club	00:46:28
90	65	Darwin	Martin	Male	MV55	Warrington Running Club	00:46:58
91	89	Forrest	Andrew	Male	MV50	Trail n Ale	00:47:01
92	17	Bantock	Stephen	Male	MV45		00:47:05
93	128	Johnson	Steven	Male	MV45	Billinge Running Club	00:47:15
94	201	Roberts	Eleanor	Female	FV55	Spectrum Striders	00:47:16
95	37	Bridge	Andrew	Male	MV40		00:47:23
96	125	Johnson	Ann	Female	FV50		00:47:24
97	10	Ashcroft	Martin	Male	MV40		00:47:31
98	223	Todd	Robert	Male	MV60	Dragons Running Club Sale	00:47:40
99	163	Middlemore	Kelly	Female	FV40	Warrington Running Club	00:47:41
100	32	Blake	Paul	Male	MV60	Lonely Goat RC	00:47:42
101	59	Conway	Barry	Male	MV50		00:47:51
102	234	Williams	Helen	Female	F		00:47:55
103	156	McElhinney	Catherine	Female	FV50	Southport Waterloo AC	00:47:56
104	230	Waring	Mel	Male	MV60		00:48:01
105	202	Roberts	Paul	Male	MV40	Knowsley Harriers	00:48:13
106	151	Mackenzie	Kirsty	Female	F	Southport Strollers	00:48:14
107	56	Clarke	John	Male	MV55	Kirkby Milers AC	00:48:26
108	85	Featherstone	James	Male	MV60	Fylde Coast Runners	00:48:28
109	27	Bird	Allan	Male	MV60	Warrington Running Club	00:48:36
110	241	Yarwood	Dennis	Male	MV55	Spectrum Striders	00:48:46
111	243	Ian	Burrows	Male	MV45	Run Sandymoor	00:48:59
112	152	Mangarai	Sujeeth	Male	MV40		00:49:08
113	203	Russell	Jayne	Female	FV45	Kirkby Milers AC	00:49:10
114	227	Trencher	Ian	Male	MV45	Billinge Running Club	00:49:14
115	20	Barrow	David	Male	MV65	Kirkby Milers AC	00:49:29
116	139	Langley	Vera	Female	FV60	Liverpool Running Bugs	00:49:46
117	193	Raisbeck	Deborah	Female	FV50		00:49:48
118	127	Johnson	Ryan	Female	F		00:49:51
119	184	Pearce	Craig	Male	MV50	Trail n Ale	00:49:52
120	38	Brookes	Chloe	Female	F		00:49:53

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121	40	Brownlow	Cathy	Female	FV40	Trail n Ale	00:50:10
122	63	Daniels	Carolyn	Female	FV50	Achille Ratti	00:50:10
123	80	Engle	Alison	Female	FV50	Wallasey Athletic Club	00:50:17
124	60	Cook	Paul	Male	MV40		00:50:21
125	131	Jones	Linda	Female	FV55	Warrington Running Club	00:50:23
126	14	Banks	Vicki	Female	FV50	Warrington Running Club	00:50:29
127	232	Welsh	Andrea	Male	MV40	Skelmersdale Boundary harriers	00:50:46
128	124	Hurst	Andrew	Male	M	Bandstanders	00:50:48
129	74	Dwyer	Stewart	Male	MV60	Warrington Running Club	00:50:49
130	182	Parr	Kathryn	Female	FV50		00:50:49
131	214	Stewart	Susan	Female	FV70	Southport Waterloo AC	00:51:02
132	150	Lowe	Neil	Male	M	St Helens Sutton AC	00:51:13
133	138	Land	Jayne	Female	FV50	Skelmersdale Boundary harriers	00:51:43
134	13	Bancroft	Rebecca	Female	FV45	Penny Lane Striders	00:52:40
135	228	Walton	Kate	Female	F	Mersey Tri	00:52:41
136	19	Barrett	Frank	Male	MV50	Liverpool Running Bugs	00:52:59
137	114	Hides	Abbey	Female	F	Liverpool Running Bugs	00:52:59
138	16	Bannister	Linda	Female	FV55	Liverpool Running Bugs	00:53:05
139	78	Eaton	Helen	Female	FV50	Kirkby Milers AC	00:53:50
140	175	Newton	Emma	Female	FV45	Warrington Running Club	00:54:43
141	18	Barnard	Bernadette	Female	FV55	Warrington Running Club	00:55:06
142	99	Harrison	Lyndsey	Female	FV45		00:55:43
143	198	Rimmer	Leanne	Female	FV40	Kirkby Milers AC	00:55:43
144	33	Borthwick	Mandy	Female	FV45	Billinge Running Club	00:56:10
145	170	Morris	Ben	Male	MV40		00:56:10
146	49	Carr	Tracey	Female	FV55	Liverpool Running Bugs	00:56:12
147	215	Storey	Katie	Female	FV40	Liverpool Running Bugs	00:56:12
148	43	Burrows	Jenni	Female	FV40	Isabella Rose Foundation	00:56:13
149	44	Burrows	Matthew	Male	MV45		00:56:14
150	12	Atherton	Emma	Female	FV40	Time2Run	00:56:21
151	26	Bicker	Sarah	Female	FV40		00:56:28
152	231	Weaver	Caroline	Female	FV50		00:56:49
153	24	Bentley	Amanda	Female	FV45	Warrington Running Club	00:56:51
154	54	Cheetham	Ursula	Female	FV50	Skelmersdale Boundary harriers	00:56:54
155	209	Smallman	Hayley	Female	FV45	Kirkby Milers AC	00:57:24
156	212	Stankiewicz	Stephanie	Female	F		00:57:27
157	83	Faithfull	Karolina	Female	FV40	Skelmersdale Boundary harriers	00:57:33
158	164	Miller	Annmaria	Female	FV45	Kirkby Milers AC	00:58:02
159	173	Needham	Claire	Female	FV55	Kirkby Milers AC	00:58:02
160	29	Birkett	Claire	Female	FV40	Widnes Running Club	00:58:11
161	221	Thompson	Zara	Female	F		00:58:11
162	61	Coote	Steve	Male	MV60	Go Veggie	00:58:19
163	181	Park	Stephen	Male	MV45	Warrington Running Club	00:58:35
164	97	Hamilton	Jayne	Female	FV50	Isabella Rose Foundation	00:58:39
165	207	Sarbutts	Steven	Male	MV55	Lonely Goat RC	00:58:40
166	103	Hayes	Gillian	Female	FV45	Warrington Running Club	00:59:20
167	3	Abrathat	Clare	Female	FV45		00:59:34
168	2	Abrathat	Christine	Female	FV45		00:59:36
169	52	Chadwick	Lorraine	Female	F	Warrington Running Club	01:00:07
170	149	Lloyd	Philip	Male	MV40	Kirkby Milers AC	01:00:47
171	190	Potter	Cohbi	Female	FV40		01:00:59
172	218	Taktak	Diane	Female	FV50		01:01:42
173	208	Scally	Alison	Female	FV55		01:02:01
174	105	Heaton	Paula	Female	FV45	Kirkby Milers AC	01:02:11
175	237	Wilton	Ria	Female	F	Kirkby Milers AC	01:02:12
176	87	Fisher	Rachel	Female	F	Kirkby Milers AC	01:02:13
177	79	Edwards	Susan	Female	FV45		01:02:32
178	136	King-Wilson	Sandra	Female	FV60	Bandstanders	01:02:41
179	187	Platt	Carol	Female	FV60	Kirkby Milers AC	01:02:46
180	220	Thomason	Jacqueline	Female	FV50	Warrington Running Club	01:04:00

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181	107	Heelam	Rachael	Female	FV40	Warrington Running Club	01:04:00
182	236	Wilson	Geoffrey	Male	MV70	Warrington Running Club	01:04:29
183	123	Hughes	Martin	Male	M	Run Sandymoor	01:05:09
184	121	Hopwood	Emma	Female	F	Southport Strollers	01:05:20
185	197	Riley	Elaine	Female	FV50	Run Sandymoor	01:05:34
186	217	Syms	Lesley	Female	FV55	Southport Strollers	01:05:36
187	21	Barrow	Jenny	Female	FV50		01:06:10
188	183	Parr	Stephen	Male	MV50		01:06:11
189	146	Little	John	Male	MV70	Warrington Running Club	01:07:20
190	4	Adlington	Louise	Female	FV40		01:07:56
191	96	Hamilton	Jackie	Female	FV70	Isabella Rose Foundation	01:09:04
192	141	Leahey	Danika	Female	F		01:11:40
193	168	Monaghan	Sonya	Female	FV50	St Helens Sutton AC	01:11:40
194	200	Rivers	Julie	Female	FV55		01:11:40
195	205	Ryan	Cheryl	Female	FV40		01:11:41
196	100	Harrison	Sharon	Female	FV45		01:11:41
197	77	Eastwood	Dawn	Female	FV50	Formby Stormers	01:12:45
198	204	Rutland	Vicki	Female	FV50	Formby Stormers	01:12:46
199	15	Bannister	Faye	Female	F	Liverpool Running Bugs	01:13:15
200	92	Gibbs-Monaghan	Allan	Male	MV45	Liverpool Running Club	01:13:52
201	174	Nelson	Kay	Female	FV40	Liverpool Running Club	01:13:52
202	73	Dunning	Vicki	Female	FV45	Warrington Running Club	01:17:29
203	142	Leather	Helen	Female	FV50	Warrington Running Club	01:17:31
204	244	Carole	Hodgkinson	Female	0		01:19:44
205	115	Hill	Cathy	Female	FV40		01:19:44