

Position	Race number	Forename	Surname	Gender	Class	Club	Race time
1	53	Crehan	Matthew	Male	M	St Helens Sutton AC	00:29:00
2	232	Wyatt	James	Male	M	Ivanhoe Runners	00:30:13
3	95	Griffiths	Thomas	Male	M	St Helens Sutton AC	00:30:47
4	202	Rowland	Callan	Male	M	0	00:31:10
5	7	Anders	Steven	Male	MV40	St Helens Sutton AC	00:31:31
6	160	Miller	Daniel	Male	M	0	00:32:38
7	80	Forber	Michael	Male	MV45	St Helens Tri	00:33:25
8	153	McCormack	Vincent	Male	M	Mossley Hill AC	00:33:41
9	20	Birkett	Chris	Male	MV40	St Helens Sutton AC	00:33:43
10	175	Obrien	Paul	Male	MV45	0	00:34:53
11	62	Dunbar	Kevin	Male	MV40	St Helens Tri	00:35:03
12	116	Hough	Robert	Male	MV50	Spectrum Striders	00:35:11
13	1	Brennan	Kevin	Male	MV50	St Helens Striders	00:35:24
14	111	Hewitt	Ian	Male	MV45	Liverpool Running Bugs	00:35:26
15	24	Blake	Matthew	Male	M	St Helens Sutton AC	00:35:54
16	8	Andrew	Claire	Female	FV40	Warrington A C	00:36:23
17	89	Gorman	Liam	Male	MV40	Widnes Running Club	00:36:57
18	21	Birkett	Jonathan	Male	MV50	0	00:37:07
19	206	Skipper	Helen	Female	FV40	Mersey Tri	00:37:21
20	76	Feria	Ellen	Female	F	Liverpool Running Bugs	00:37:52
21	92	Greenall	Vicki	Female	FV50	0	00:38:04
22	163	Morgan	Melissa	Male	M	Warrington Running Club	00:38:18
23	191	Raynes	Sharon	Female	FV40	0	00:38:20
24	193	Renders	Marleen	Female	FV40	Sunlight Runners	00:38:24
25	78	Fitch	Adrian	Male	MV55	0	00:39:17
26	99	Halsall	Clinton	Male	MV45	Trail n Ale	00:39:22
27	109	Henderson	Mike	Male	MV55	0	00:39:25
28	152	McCaffrey	John	Male	M	Knowsley Harriers	00:39:34
29	2	Abel	Stuart	Male	MV40	Fylde Coast Runners	00:40:02
30	221	Unsworth	Vicky	Female	FV40	Liverpool Harriers & AC	00:40:18
31	168	Nichol	Gary	Male	MV55	0	00:40:24
32	143	Lee	Graham	Male	MV40	0	00:40:32
33	150	Mannion	Jack	Male	M	0	00:40:33
34	107	Helsby	Lucy	Female	F	Kirkby Milers AC	00:40:35
35	118	Houghton	Stephen	Male	MV50	0	00:40:37
36	208	Smith	Hayley	Female	F	Skelmersdale Boundary Harriers	00:40:38
37	47	Collins	Jayne	Female	FV60	0	00:40:45
38	5	Aird	Paul	Male	MV60	Deestridders Running Club	00:40:47
39	226	Wilson	Dean	Male	MV45	Liverpool Running Club	00:41:15
40							00:41:30
41	137	Lam	Chris	Male	MV50	Widnes Running Club	00:42:08
42	103	Hankinson	Andrew	Male	M	Widnes Running Club	00:42:14
43	217	Towns	Kelly Anne	Female	FV40	Wigan & District H & AC	00:42:16
44	106	Hart	Tony	Male	MV50	Liverpool Running Bugs	00:42:56
45	210	Spencer	Alan	Male	MV60	Knowsley Harriers	00:43:26
46	125	Jeffrey -Read	Louise	Female	FV40	Astley & Tyldesley Road Runners	00:43:33
47	185	Plant	Gillian	Female	FV55	Warrington Running Club	00:43:49
48	30	Bridge	Andrew	Male	M	0	00:43:54
49	81	Forest	Andy	Male	MV50	0	00:44:00
50	182	Pearce	Craig	Male	MV45	0	00:44:00
51	39	Carr	Kieron	Male	MV50	Liverpool Running Bugs	00:44:07
52	96	Hagan	Lindsey	Female	F	Knowsley Harriers	00:44:13
53	189	Pownell	Katie	Female	F	Knowsley Harriers	00:44:32
54	44	Challinor	Mark	Male	MV45	Bandstanders	00:44:33
55	201	Rooney	Kayley	Female	F	0	00:44:34
56	171	O'Brien	Mike	Male	MV60	Manchester YMCA Harriers	00:44:34
57	112	Hewitt	Ruth	Female	FV40	Liverpool Running Bugs	00:44:36
58	88	Glen	Andrew	Male	MV55	Liverpool Running Bugs	00:44:42
59	73	Farrar	Dave	Male	MV45	0	00:44:43
60	14	Bardin	Will	Male	MV45	St Helens Tri	00:44:50
61	22	Birkett	Sarah	Female	F	St Helens Sutton AC	00:44:51
62	127	Johnson	Martin	Male	MV40	St Helens Sutton AC	00:44:53
63	38	Carns	Greg	Male	MV50	St Helens Sutton AC	00:45:07
64	64	Dyson	Christopher	Male	M	St Helens Tri	00:45:09
65	17	Barrow	Caroline	Female	FV45	Widnes Running Club	00:45:12
66	233	Yarwood	Dennis	Male	MV55	Spectrum Striders	00:45:24
67	128	Johnson	Susan	Female	FV40	0	00:45:25

68	25 Blake	Paul	Male	MV60	Lonely Goat RC	00:45:37
69	194 Richardson	Kevin	Male	MV45	St Helens Tri	00:45:40
70	85 Gerrard	Gayle	Female	FV45	Burnden Road Runners	00:45:43
71	180 Palmer	Ellen	Female	F	0	00:45:45
72	178 Ormrod	Mark	Male	MV55	0	00:46:11
73	147 Livesey	Cassie	Female	F	Liverpool Running Bugs	00:46:13
74	192 Read	Debbie	Female	FV60	Helsby Running Club	00:46:20
75	59 Dowd	Philip	Male	MV45	Mersey Tri	00:46:39
76	196 Rivers	Ian	Male	MV50	Kirkby Milers AC	00:46:52
77	156 McIntyre	Michael	Male	M	Kirkby Milers AC	00:46:53
78	61 Driscoll	James	Male	M	Liverpool Running Bugs	00:47:02
79	122 Humphreys	Grace	Female	F	Widnes Running Club	00:47:12
80	23 Black	Lindsey	Female	FV40	Liverpool Running Bugs	00:47:37
81	214 Taktak	Azzam	Male	MV55	St Helens Tri	00:47:39
82	216 Todd	Robert	Male	MV60	Dragons Running Club (Sale)	00:47:41
83	136 Knowles	Faye	Female	F	0	00:47:47
84	135 Kettle	Rachel	Female	FV50	Knowsley Harriers	00:47:56
85	75 Featherstone	James	Male	MV60	Fylde Coast Runners	00:48:06
86	167 Myler	Chris	Male	M	Lonely Goat RC	00:48:08
87	37 Carberry	Kevin	Male	MV50	Kirkby Milers AC	00:48:14
88	119 Houghton	Thomas	Male	MV70	0	00:48:35
89	200 Roberts	Paul	Male	M	Knowsley Harriers	00:48:40
90	68 Eshlin	Nicola	Female	F	Widnes Running Club	00:48:48
91	16 Barrett	Frank	Male	MV50	Liverpool Running Bugs	00:49:09
92	215 Thorp	Phil	Male	MV60	Liverpool Running Bugs	00:49:12
93	190 Raisbeck	Deborah	Female	FV45	0	00:49:23
94	218 Trencher	Ian	Male	MV45	Billinge Running Club	00:49:28
95	224 Waring	Mel	Male	MV60	0	00:49:40
96	162 Miller	William	Male	MV60	0	00:49:44
97	222 Walton	Kate	Female	F	Mersey Tri	00:49:54
98	13 Bancroft	Rebecca	Female	FV45	Penny Lane Striders	00:49:54
99	250 #N/A	#N/A	#N/A	#N/A	#N/A	00:50:04
100	187 Poole	Ben	Male	M	St Helens Sutton AC	00:50:11
101	18 Barrow	David	Male	MV65	Kirkby Milers AC	00:51:02
102	27 Booth	Jade	Female	F	0	00:51:12
103	149 Makin	Ian	Male	MV45	0	00:51:17
104	249 #N/A	#N/A	#N/A	#N/A	#N/A	00:51:24
105	49 Cook	Paul	Male	MV40	0	00:51:26
106	183 Penn	David	Male	MV45	0	00:51:34
107	205 Sharkey	Sam	Female	FV40	Julie's Joggers	00:51:40
108	144 Leigh	Gill	Female	FV50	Julie's Joggers	00:51:40
109	130 Jones	Linda	Female	FV50	Warrington Running Club	00:51:48
110	207 Smallman	Hayley	Female	FV40	Kirkby Milers AC	00:51:52
111	123 Hurst	Andrew	Male	M	Bandstanders	00:51:55
112	9 Appleton	Alan	Male	MV65	Bandstanders	00:52:03
113	52 Craven	Richard	Male	MV45	0	00:52:16
114	151 Martin	Sharon	Female	FV45	Knowsley Harriers	00:52:16
115	82 Forrester	Norma	Female	FV50	Knowsley Harriers	00:52:31
116	10 Appleton	Ruth	Female	FV60	0	00:52:34
117	32 Brownlow	Catherine	Female	FV40	0	00:52:37
118	66 Eaton	Helen	Female	FV45	Kirkby Milers AC	00:53:07
119	234 Yarwood	Emily	Female	F	Spectrum Striders	00:53:18
120	28 Borthwick	Mandy	Female	FV45	Billinge Running Club	00:53:30
121	161 Miller	Rose	Female	F	0	00:53:59
122	219 Turner	Laura	Female	F	0	00:53:59
123	171 O'Brien	Mike	Male	MV60	Manchester YMCA Harriers	00:54:03
124	188 Potter	Cohbi	Female	FV40	0	00:54:07
125	204 Sarbutts	Steven	Male	MV55	Lonely Goat RC	00:54:09
126	15 Barnard	Bernadette	Female	FV55	Warrington Running Club	00:54:19
127	220 Underhill	Richard	Male	MV45	0	00:54:19
128	40 Carr	Tracey	Female	FV55	Liverpool Running Bugs	00:54:25
129	71 Evans	Susan	Female	FV45	Kirkby Milers AC	00:54:34
130	138 Landry	Emma	Female	F	Kirkby Milers AC	00:54:35
131	58 Donegan	Paul	Male	MV55	0	00:54:39
132	203 Russell	Jayne	Female	FV40	Kirkby Milers AC	00:54:57
133	108 Helsby	Pat	Female	FV65	Kirkby Milers AC	00:54:58
134	101 Hamilton	Jayne	Female	FV50 s	abella Rose Foundation - Team Isabella R	00:55:04
135	69 Evans	Christy	Female	FV50	Liverpool Running Club	00:55:11

136	225 Williams	Clive	Male	M	0		00:55:12
137	6 Aldelime	Monika	Female	FV45	Southport Strollers		00:55:40
138	164 Mountain	Kristina	Female	FV40	Horwich R M I Harriers		00:55:54
139	36 Carberry	Ann	Female	FV50	Kirkby Milers AC		00:56:13
140	31 Broderick	Helen	Female	FV50	0		00:56:16
141	79 Forber	Christine	Female	FV50	St Helens Tri		00:56:17
142	184 Perry	Gaynor	Female	FV55	0		00:56:21
143	3 Abrathat	Christine	Female	FV45	0		00:56:31
144	54 Croxton	Jennifer	Female	F	Liverpool Running Bugs		00:56:49
145	48 Collins	Sarah	Female	FV40	0		00:56:50
146	148 Lloyd	Philip	Male	MV40	Kirkby Milers AC		00:56:53
147	115 Hogan	Andrew	Male	MV45	0		00:57:06
148	93 Greengrass	Linda	Female	FV50	Kirkby Milers AC		00:57:23
149	134 Kelly	Karen	Female	FV40	Kirkby Milers AC		00:57:24
150	158 Menzies	Joanne	Female	FV40	Southport Strollers		00:57:26
151	179 Owens	Andy	Male	M	0		00:57:28
152	84 Gartside	Tony	Male	MV60	0		00:58:06
153	67 Edwards	Susan	Female	FV45	0		00:58:41
154	77 Fisher	Rachel	Female	F	Kirkby Milers AC		00:59:00
155	120 Hughes	Ashley	Male	M	Liverpool Running Bugs		00:59:10
156	12 Atherton	Emma	Female	FV40	Time2run		00:59:26
157	129 Jones	Kate	Female	F	0		01:00:47
158	173 O'connor	Clare	Female	F	Liverpool Running Bugs		01:00:48
159	87 Gill	Donna	Female	FV45	0		01:00:58
160	4 Adlington	Louise	Female	F	0		01:01:59
161	42 Cartin	Michelle	Female	FV40	Liverpool Running Bugs		01:02:04
162	157 Medicott	Alison	Female	FV55	Warrington Running Club		01:02:48
163	70 Evans	Clare	Female	FV45	0		01:03:19
164	212 Sullivan	Christopher	Male	MV45	Kirkby Milers AC		01:03:21
165	227 Wilson	Geoffrey	Male	MV70	Warrington Running Club		01:03:36
166	114 Hill	Deborah	Female	FV45	0		01:04:31
167	195 Riley	Elaine	Female	FV50	Run Sandymoor		01:05:19
168	33 Burrows	Ian	Male	MV45	Run Sandymoor		01:05:20
169	131 Kay	Lydia	Female	F	0		01:06:54
170	142 Leather	Helen	Female	FV50	Warrington Running Club		01:08:37
171	100 Hamilton	Jackie	Female	FV70	Isabella Rose Foundation		01:09:39
172	63 Dyas	Vicky	Female	FV45	Bandstanders		01:10:51
173	65 Eastwood	Dawn	Female	FV45	Formby Stormers		01:11:17
174	165 Mullin	Janet	Female	FV55	Kirkby Milers AC		01:11:18
175	132 Kay	Michael	Male	MV50	Vegan Runners UK		01:11:35
176	105 Harrison	Sharon	Female	FV40	Kirkby Milers AC		01:14:02
177	141 Leahey	Danika	Female	F	Kirkby Milers AC		01:14:02
178	74 Farrar	Kirstin	Female	FV50	Kirkby Milers AC		01:14:02
179	186 Platt	Lisa	Female	FV40	Kirkby Milers AC		01:14:03
180	197 Rivers	Julie	Female	FV55	Kirkby Milers AC		01:14:03
181	159 Miller	Annmaria	Female	FV45	Kirkby Milers AC		01:14:03
182	230 Wilton	Ria	Female	F	Kirkby Milers AC		01:14:04
183	176 O'Brien	Shirley	Female	FV55	Kirkby Milers AC		01:14:16
184	169 O'Brien	Carrie	Female	F	0		01:14:16
185	133 Kelly	Gillian	Female	FV45	St Helens Sutton AC		01:15:50
186	113 Hewitt	Vicky	Female	FV55	0		01:24:05